

2021 VOLUME 1 ISSUE 109

A MINISTRY PUBLICATION OF CHRISTIAN HOME EDUCATORS OF COLORADO

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This page: Rocky Mountain Homeschool Conference Event. Photography by Tobias Steeves, AWAAphotos (awaaphotos.com) 19039 Plaza Drive, Suite 210 Parker, Colorado 80134 720.842.4852 1.877.842.CHEC (2432) CHEC.org

Every Day BY TROY SIMONS

DIRECTOR'S DESK

Abiding in the Nords of Jesus

BY STEVE CRAIG

A lot has happened in our country during the last year. Between COVID-19, the elections, riots, etc., I've spent more time following the news than I normally do. Often, it seems that I am left with more questions than answers. It is hard to know what is really going on around us, and even harder to know who we can trust.

At times, I sense that our nation has reached a tipping point. Are we about to take a plunge toward aggressive tyranny and wide-spread, open persecution of Christianity? Only time will tell.

These are sobering times that raise sobering questions for Christian parents. They prompt me to ask myself, "How I will give my children security, clarity, and hope as they emerge into a culture filled with smoke and mirrors and that is shaking at its foundation?"

I know that God is using all of these present events for His purposes, chief of which is the purifying of His church. And my prayer is that the sharpening antithesis surrounding us will drive us toward the Word of God for the answers we are seeking. Only the Word of God makes the dust settle and the big picture reality come into focus. So what does God's Word say?

In John 8:31 (ESV), Jesus said to those who had believed in Him, *If you abide in My word, you are truly*

WE ARE GUARANTEED THAT IF WE ABIDE IN THE WORDS OF JESUS, WE WILL KNOW THE TRUTH AND WE WILL BE SET FREE. *My disciples, and you will know the truth, and the truth will set you free.* I am amazed how much direction, clarity, and hope Jesus gives us in just 24 words.

The main point that Jesus makes here is quite simple: A disciple is one who abides in the words of Jesus.

Question: As Christian homeschooling parents, what is the primary thing we want for ourselves and for our children?

Answer: That we would be disciples of Jesus! If that is our goal, then it is clear that our main priority must be abiding in the words of Jesus. Family Bible reading, prayer, and worship should be frequent. We should integrate the Word of God into our homeschooling such that the words of Jesus dominate and direct each area of learning. We should quickly bring the words of Jesus to bear in our marriages, parenting, conflict resolution, and family life. Instead of defaulting to what is culturally acceptable, we must ask, "What does Jesus say about that?" in a thousand areas of life.

I've heard a great deal of commentary about how divided our country is. The fact is that there has

DIRECTOR'S DESK

always been a major division throughout all time. That division is between those who are the disciples of Christ and those who are not. If we want our children to end up on the right side of history for all eternity, then there is no greater priority for each of our families than to abide in the words of Jesus.

John 8:31 gives us two more glorious truths. We are guaranteed that if we abide in the words of Jesus, we will know the truth and we will be set free. While truth is being censored and freedom is being diminished all around us, as disciples of Jesus, we are on a completely different trajectory. We are soaking in the truth and we are being set free from sin, the pull of the world, and fear of future judgment and death.

We are confident and courageous because we know we are on the winning side. We are excited about tomorrow because we know it brings us one day closer to heaven! Proverbs 4:18 (ESV) describes it this way, *But the path of the righteous is like the light of dawn, which shines brighter and brighter until full day.*

Friends, if just 24 words of Jesus can reveal the pathway to the security, clarity, and hope that we desire for ourselves and for our children, just think what a lifetime of abiding in all of His words will do! As we begin a new year, let's make it our aim to keep abiding in the words of Jesus Christ the focus of our homes.



Steve Craig is the Executive Director for Christian Home Educators of Colorado. He and his wife Tara are 2nd generation homeschoolers and have a passion to inspire others toward biblical discipleship in the home. Steve and Tara live in Parker with their six children: Carson, Christiana, Angelina, Jewel, Ariel, and Michelle.





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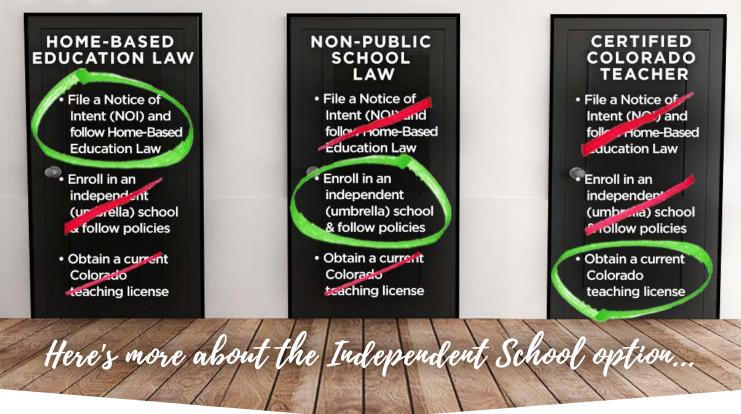
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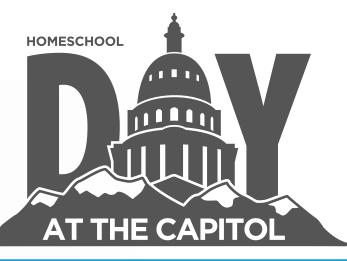


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Rick Green, a former Texas State Representative, is a lawyer, successful entrepreneur, and founder of Patriot Academy and the Torch of Freedom Foundation. He currently travels the nation speaking for WallBuilders, a national pro-family organization that presents America's forgotten history and heroes, with an emphasis on our moral, religious, and constitutional heritage. He influences tens of thousands of Americans to become salt and light in their communities, helping them understand their dual citizenship and responsibilities both as citizens of Heaven and of America. Rick and his wife Kara live in Dripping Springs, Texas with their children.

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GEN2

LIFE with the Blake Famil

From the Editor: What does Gen 2 mean? Simply put, "homeschoolers grown up." Our heart is to encourage parents as they disciple their children through Christian home education that the sacrifice will indeed bear fruit. This regular column features homeschool graduates from Colorado who are currently adulting and raising their own children for the glory of God. Please meet some good friends of mine, Austin and Ashley Blake, whom I have known for 20 years — since they were just kids!

(Austin) grew up in a small town in eastern Colorado as the youngest of four children and was homeschooled from K-12. While my mom made sure that we always finished our school work, one of the greatest things was the flexibility that homeschoooling afforded our family.

I was blessed to go on many mission trips overseas during the winter, as well as have multiple jobs growing up that I could not have done during traditional school hours. On a week-to-week basis, I learned that the earlier I finished my school work and chores, the more time I had for my true passion ... golfing!

I also competed athletically for local schools, including on basketball and golf teams in high school. I was treated fairly by the coaches and teammates, played varsity golf all four years, was named captain of the team, and made first team all-conference. While my dreams to play on the PGA Tour never came to fruition as an adult, the time I spent golfing as a child, and competing as a professional golfer as a young adult, paved the way for my current career as a golf instructor.

If I had not been exposed to so many activities, competitions, and travels as a homeschooled student, I would not have had the confidence to move to another state and pursue my career. Now I interact with 90+ families on a weekly basis and have started a homeschool golf program in Phoenix, which, to my knowledge, is the first one of its kind in the nation. One of the highlights for me while growing up was our monthly homeschool Activity Day. Through this group, I also participated in Bible Quizzing. In addition to memorizing God's Word, I loved the weekly practice with friends and the competition for local, regional, and national events. It was also through Bible Quizzing that I first sat next to the most amazing young lady named Ashley! We developed a friendship that morphed into something better and have now been married for 11 years.

(Ashley) grew up on a farm in southwest Nebraska. I am the second oldest of five children and was homeschooled for nine years.

I loved everything about being homeschooled, including the flexibility to work at my own pace. For

GEN2

me this meant waking up early and finishing my assignments as quickly as possible! When I was 14, sadly my mother died after a three-year battle with cancer. I am thankful that we were blessed with the strong support of family and friends who gave of themselves generously to help our family work through that difficult season. Older cousins came to help us with homeschooling, my grandma did our laundry every week, neighbors raised money to help pay for medical bills, and others spent time developing mentoring friendships with our family.

While Austin and I were engaged, we discussed what family goals we would like to pursue. We both agreed that we wanted to adopt children at some point.

After marriage, we decided that before trying to have biological children, we would begin the process of adoption. Within six months of getting our certification, we met a sister and brother through a lady at our church. Their grandparents were not able to raise them and were looking for adoptive parents. God worked out every detail and within one year of meeting them, their adoption into our family was finalized! Six months later we were then blessed with a biological daughter!

While we were incredibly happy to grow our family, the stress of having three children within one year did take its toll. Personal health issues and trauma/ abuse from our adopted children's pasts came out in full force, which led to me having to resign from my job. But God knew what He was doing, and we received an overflowing amount of support from family, friends at church, and a family counselor who was able to lead us through a healing process. By looking to Jesus and allowing Him to heal past hurts, we and our children were able to form deeper and stronger relationships. We also learned to ask for help and lean on those around us during trying times. Soon after life settled back down, a young foster boy joined my (Ashley's) Sunday school class. We provided respite care for him a couple of times, and when his case moved to adoption in 2018, we knew he belonged in our family!

We began homeschooling our adopted children as soon as possible. This gave us the opportunity to

G WOULD WE BE WILLING TO TAKE THIS LITTLE BOY HOME?



develop deep relationships with our children, cover any gaps in their previous schooling, and help develop a strong trust that we would not abandon them. As life again settled back down, and the children were adjusted to our new family, we decided to have another biological child, and in late 2019 we found we were expecting another girl.

While most people will remember March 2020 for COVID-19, we will remember it for God adding more to our family plans. The biological mother of one of our adopted sons had given birth to a preemie baby boy and abandoned him at the hospital. Would we be willing to come take him home?! After discussing it with our children, we decided that we would go get him! Just 48 hours later he was in our home and we fell in love with this little boy. Church family, co-workers, and friends all blessed us with meals, clothes, diapers and wipes, which was no easy feat during the pandemic!

While we planned to adopt the baby, once again God had other plans. The judge unexpectedly gave full custody to the birth father in May. Emotions were strong as we dealt with this unexpected loss, but God was good. The birth father was working in Arizona and asked us to help take care of his son for one month. This time allowed us to say goodbye and develop a friendship with the birth dad. On July 1, the baby left our home and flew across the country. We had grown to love him so much in the four months he was with us, and our hearts felt empty. But a sovereign God had already known how we would feel. Nine days later on July 10th our little girl was born to help our hearts heal. In the interim time, family and friends again swarmed us with visits, food, love, and support as we coped with our loss and welcomed with joy the new member of our family.

We are so thankful for the support of our family and friends as we have navigated this time of having young biological children, adoption/ fostering, and homeschooling. As Philippians 1:3 (NKJV) says, *I thank my God upon every remembrance of you*, and our thankfulness list is long! Through homeschooling we have been blessed with the flexibility to bond deeper with our kids, adapt as necessary to life, quide

them daily, and help them become who God wants them to be. We could not and cannot do it alone, and having a solid support system has been crucial for us. If you are in a hectic phase of life, please do not hesitate to reach out to those around you and then accept their help. If you are in a place where you see someone struggling to balance their young family or in the process of fostering/adopting, we want to encourage you to bring a meal, offer child care or transportation help, or simply send an encouraging text or phone call. Most importantly, pray together for those around you.



Austin and Ashley Blake live in Phoenix, Arizona with their five children. Austin is a golf instructor and the Director of Player Development at the Dan

Campbell Junior Golf Academy, and Ashley is a stay-at-home mom. They spend their time serving at church, doing homeschool activities and playing sports with their kids, as well as enjoying extended-family vacation trips. They can be contacted at ablakegolf@gmail.com.



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DAD TO DAD

SOULCRAF EVERYDAY

Dads, perspective is everything, because without it we will never be able to properly lead our families.

BY TROY SIMONS

Can you imagine a coach who didn't take the time to consider the strengths of the team his athletes were playing against, or a commanding officer who was unaware of where the enemy was and how many men he might be facing? You can't provide good leadership without knowing what you are up against.

As homeschool dads, let's consider for a moment what it means to educate our children. We often think of education in terms of preparing for a vocation good grades get you into a good college that gets you into a good job. As true as that may be, this should not be the primary goal of education because it is not the primary goal of life. *For what does it profit a man to gain the whole world and forfeit his soul?* (Mark 8:36 ESV) Education at the core must be soulcraft. It's not just what you know. It is about who you are. The educated person is one who sees God in everything and loves God with everything.

Guided by the big picture, we can then come down to the kitchen table level and make a few observations.

1. Your family needs regular reminders of that big picture. When motivation for school work (or any task) is lacking, we need a gentle reminder that we are becoming who we are one day at a time and one lesson at a time. There are very few things that diligence and determination cannot overcome. We like to say at our house, "Don't settle for 'I think I can.' Work for, 'I know I can, because I did!'"

2. A little praise for diligence and success goes a long way. If you take the time to pay attention to what your kids are studying, then you are in a place to encourage their success as well as correct their mistakes. Be curious, not nosy, and ask questions. Go so far as to let them teach you some of what they are learning. I guarantee they will light up when they know you are interested enough to listen.

3. Life lessons don't happen in a vacuum. Rare are the days when we are not vexed by some issue. The difficulty of a lesson may have little to do with the content and everything to do with the learner. Again, asking questions and listening goes a long way toward winning trust, and when they trust you they are more likely to tell you what's really going on. *A soft answer turns away wrath, but a harsh word stirs up anger* (Proverbs 15:1 ESV). Don't assume the worst, and be ready

to help carry any burden. Your student will find new motivation when they know you have their back.

4. Take a dose of the medicine for yourself. Whether it is signing up to teach the homeschool lessons or grinding out the algebra homework, there is untold value in walking a mile in their shoes. Take a day or even a week of the homeschool work on yourself, and you will understand much better what your wife and children face each week. It is hard to support what you don't understand.

If these observations are already part of your regular routine, great! If they are not, let me encourage you to look again at the big picture and realize that you are called to shape your children's souls, and there are constant and countless opportunities in every day's lessons.



Troy Simons is a homeschooling father to six boys and husband to author and speaker Ruth Chou Simons. He has a passion for God's Word and for discipling the next generation to live

for Christ. After two decades of investing in ministry, preaching, church planting, and co-founding a classical school, Troy now takes an active role in homeschooling his children. He works alongside Ruth in their business, GraceLaced, Inc. Troy is an avid outdoorsman, philosopher, and teacher.



ave you ever had any homeschooling days like this? Your school day starts and your students are already bouncing off the walls! Or maybe one child is supposed to be working on a task and they are staring off into space! You know, those mornings or afternoons where you just find it hard to get them to focus.

Frequently, this has to do with what we are feeding those little bodies (or big bodies, too). Oftentimes, we are working against ourselves without even knowing it. What do I mean by this? Well, we can expect to get the same quality of energy out of our bodies as we put into them. As Americans, we are consuming far too much sugar-filled, processed, and low-quality foods. When we put these types of foods into our bodies, we lose our ability to focus, among other things. It's easy to fall into this trap, especially after the winter holidays of constant snacking on once-a-year special treats!

The following suggestions are simple steps that you can take to keep your students (and you) on task! We want to utilize healthy lifestyle choices and food to give us quality and steady energy all day long. Balanced energy fuels our focus. Too much sugar or processed foods is like putting our bodies on a sugar rollercoaster all day long; up, then down, then up ... truly sabotaging our focus.

1. Start the Day Right

Most breakfast options in America are really just another form of dessert. We need to consider that health experts recommend children get no more than 10 grams of sugar in a day. Most American breakfasts would exceed this - or maybe even be equal to a few days worth of sugar intake - in one sitting at one breakfast. Aim for a breakfast filled with lots of protein and healthy fat to give your kids the most sustained and even distribution of energy. Choose a breakfast like one of these: eggs and bacon; turkey and avocado rolls; or steel cut oatmeal with nuts, cinnamon* and whole or almond milk. You can even serve leftover dinner or soups and stews for a great breakfast option that will give your kids (and even you) sustainable energy. One tip: try to use real whole foods as often as possible.

*Cinnamon is a natural way to help the body lower blood sugar.

FAMILY ENCOURAGEMENT

2. Work With the Clock

Our cells have a circadian rhythm of their own, and when we work in concert with our bodies, we will find that everything flows nicely. Naturally, our most productive time is from around 10am—noon. Plan to work with your children's natural attention span by planning to do the hardest or most challenging brain work at this time. Children focus best when they are not hungry, so offer them a healthy snack about 40 minutes before this focus-filled window of time. Think: math!

3. It's in the Snacks

Again, we need to fuel our days, starting with breakfast, but then continue all day long. It is perfectly fine and normal for children to eat snacks, because they are, after all, constantly growing. Many children are getting some version of a sugar-filled snack about every two hours all day long. Instead, their mid-morning snack should be similar to breakfast, meaning higher in protein and healthy fats. Save the healthy fruit options for around 3pm.

- Morning snack ideas include: avocado toast; grass-fed beef hotdogs; cherry tomatoes, cheese, and basil kabobs; or a hard-boiled egg.
- Afternoon snack ideas might be: apples and peanut butter, string cheese, berries with granola and/or yogurt*.
- Best snack tip for anytime: get your kids in the kitchen with you to help prep them!

Teaching a child to prepare their own healthy snack when they are hungry is akin to giving them the tool to 'fish.' Once someone knows how to fish, they can always feed themselves.

*Watch sugar on the ingredient labels! Yogurt is often a hidden sugar trap.

4. Move out the Excess

Our children need to move. We've got over 600 muscles in our body and we've been given those to burn energy. First thing in the morning after breakfast, go on a morning nature walk*, play a little game of tag, or put on some tunes and dance. Burning off some excess energy at the start of the day will help your child to focus during your morning learning time. *Bonus points for the nature walk – not only do you get movement in, you also get fresh air, sunlight, and a chance to connect with nature. Early day exposure to sunlight can have a positive effect on your sleep.

5. Rest

Sleep is another thing that can help to fuel your focus. Proper overnight sleep is critical during all stages of life. (Yes, you too, parents!) To help your brain and hormones know it's time to sleep, turn off screens of all kinds for two hours before bedtime. Your kids will fall asleep easier and sleep better when they have proper melatonin production.

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul (3 John 1:2 ESV). When we adjust our lifestyle to include these simple, healthy habits, we are able to honor and take care of our bodies. When our health doesn't negatively interfere with our days, we are best able to connect with and do the work of our souls. Shaping our days will help to support the growing minds and bodies of our children, allowing them to excel. Fuel your focus.



Mandi Vucich is a homeschooling mama to four, Chief Health Officer (CHO) and Founder of Inside Out Health Company. Mandi works with

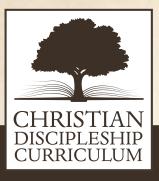
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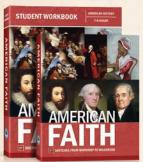
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MANAGEMENT FOR MOMS

BY MARCIA WASHBURN

Homeschooling Through CHALLENGING

Parenting puts you on your knees; homeschooling keeps you there.

Life doesn't stop just because you start homeschooling. Sometimes we wish everything else would just go away so we could concentrate on the educational tasks before us. Wouldn't it be great if our clothes suddenly never needed to be washed or meals just appeared on the table? And, better yet, wouldn't it be wonderful if no one got sick or had financial struggles or felt sandwiched between caring for two generations at once? Then, we tell ourselves, we would have time for planning all of those creative lessons and grading all those papers we've assigned.

But that is not how our wise and loving Heavenly Father has designed things. In His wisdom, He custom designs the events of our days to grow us into the image of Christ. How would we learn patience if no one ever did things to frustrate us? How would we learn to trust Him if we never experienced want? God is the ultimate homeschool teacher. He individualizes a curriculum for each of us, carefully selecting experiences and people that will draw us closer to Him. There are even pop quizzes as well as big tests along the way. And, unlike our children, we have the option to ignore His assignments or to do them in our own way instead of in a way pleasing to Him.

His goal is mastery learning: He will take us through a lesson as many times as necessary to help us learn what we need to know. Remember how He led the Israelites through the wilderness for forty years? Do you ever feel like you're making yet another trip around Mount Sinai until the road is so deeply rutted that your wagon is high-centered? The more times we refuse to learn, the tougher it gets. Rebellion yields its own reward.

I sometimes think that God gives us children so He can grow us up! He must have figured I needed a lot of remedial work when he sent us five boys to raise. These sons provided the pop quizzes to test how I was progressing in the character department. Through them, I learned to trade laziness for selfcontrol (most of the time!), critical words for a quiet answer, and an independent spirit for trusting God's faithfulness and timing.

Early in our marriage, my husband often worked out-of-state for weeks or months at a time. He would come home as many weekends as his deadlinedriven schedule allowed. One Sunday afternoon as he was leaving yet again, one of the boys said, "Thanks for coming to visit us, Daddy." The very next weekend Hubby announced that he had rented an apartment for us so we could be together as a family. We loaded up children, clothes, diapers, the sewing machine, and other essentials and moved into a basement apartment in Guernsey, Wyoming.

Suddenly, I was a stranger in a strange land. Hubby had our only car during the day, so I packed up the children, stroller and all, to visit the laundromat, the park, and the post office (no home delivery!). I willed myself not to show my life-long fear of dogs as we made our way past yard after yard of the barking beasts. In the midst of all my trials, God sent a dear woman who offered us rides to the Bible study at her church; those sweet ladies opened their arms to my little ones, too, since I didn't know a soul who could babysit for them. All week long I looked forward to

MANAGEMENT FOR MOMS

that bit of adult companionship, a merciful gift from God.

Four other times Hubby's job called us to that windy little town. Homeschooling permitted us the flexibility to join him, regardless of what the calendar said. We lived in a camper trailer one summer, a motel room one fall, and later a rented house. All to be close to Daddy.

We were so thankful to be homeschooling when our 11-year-old was diagnosed with diabetes. How difficult it would have been to help him learn all of the new procedures for caring for himself if he had been away at school all day. When he got home from the hospital, we simply started where we had left off in his studies — no make-up work to turn in!

In so many ways, homeschooling made life's difficulties easier, not harder. Over the years, we have homeschooled while adding five rooms to our home, during our care for a suddenly-blinded aunt, and when we had no idea how the budget would stretch another dollar. I homeschooled from the couch for four months during a crisis pregnancy. The only time illness totally shut down the Washburn Family Academy was when all five boys came down with chicken pox within 24 hours of each other — now that was a memorable week!

Will you go through the same experiences we had in our family? Of course not. God is building a unique life message in each of us, using our life experiences, temperament types, and spiritual gifts to advance the kingdom of Christ on earth through us. No one else has exactly the same life message to share as you do. God doesn't use cookie cutters to make us or to design the one-of-a-kind curriculum He uses to grow us into His image.

Will you learn the lessons He has selected for you the first time they're presented? Probably not — I certainly didn't. Some days you will fly, but most days you will plod. The joy for the Christian homeschooler is in remembering that we get a fresh start every new day. The steadfast love of the Lord never faileth; His mercies never come to an end. They are **new every morning** (Lamentations 3:22–23). Hang onto that promise as you work through the daily challenges of life on earth. After all, you are tallest when you are on your knees in prayer, and homeschooling certainly keeps you there.



© 2020 by Marcia K. Washburn who "grew up" while homeschooling five sons for nineteen years. Need encouragement? Request her free ebook,

Encouragement for Homeschool Moms *here: Marcia@MarciaWashburn.com. Check out* Beethoven Who? Family Fun with Music *and other resources at MarciaWashburn.com.*

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Training

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- Escapism: Avoiding the Snares of Media
- Breaking the Shackles Why Parents Should Trust Themselves, Not Schools
- The Marks of Pseudo-Christian Cults
- Logic & the Christian Faith
- Political Truth of Abortion
- Biblical Response to Government Overreach
- 10 Principles to Empower You and Your Kids to Stand for Freedom

SED CURRICULUM

SALE (UCS)

FAMILY DISCIPLESHIP

- Call to Arms: The Guts & Glory of Courageous Fatherhood
- Preparing Girls as They Near Graduation
- Why Good Parents Are Losing Their Children
- Ten Crucial Years: Training and Milestones from 10-20
- How to Parent Without Provoking Children to Anger
- Vaccinations, Other Parental Issues, and Your Parental Rights

COGNITIVE

LEARNING & HEALTH

SCREENINGS

HOMESCHOOL HOW-TOS

- 3 Strategies to Encourage a Love of Learning
- Building a Framework: Strategies for High School Success
- Fundamentals of Writing Fiction
- Homeschooling and Preschoolers Too?
 Top Ten Myths About
- Homeschooling Math
- Homeschooling Your Unique Child: Adopted, Gifted, Special Needs, and Struggling Learners
- Homeschool Tech: What You Need and How to Use It



His divine power has granted to us all things that pertain to life and godliness. (1 Peter 1:3 ESV)



Pre-Conference on Wednesday, June 16th



He set my feet upon a rock. (Psalm 40:1 ESV)



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> The CHEC Homeschool Group Network accomplishes this by providing

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Joining the Network is simple and free; perks include:

- Personal, monthly emails from us with helpful leadership advice, first-word news, and biblical encouragement
- Publication in the online CHEC Homeschool Group Directory (or choose to be unlisted if desired)
- Membership in the private Homeschool Group Leaders discussion group on Facebook
- Opportunity for CHEC team speakers to share with your group (simply contact us with your interest) on topics including:
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BY THE CHEC HOMESCHOOL GROUP LEADERSHIP TEAM

Your Leadership

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Finding community in colorado



- Homeschool Groups → Parent support, co-ops, and so much more! Find a detailed list of Christian homeschool groups in Colorado at CHEC.org/groups
- Community Calendar → Upcoming free days, homeschool days, contests, and always-free opportunities are at CHEC.org/events/community-calendar
- Discussion Group → Join the CHEC Colorado
 Homeschool Discussion group to ask questions, share your perspective, and connect with other parents at
 CHEC.org/fbgroup

GOVERNMENT RELATIONS

BY CAROLYN MARTIN

CONTENDING for Truth

God's creative genius established the family as a place to love, to learn, and to grow. Since its inception, the family has been under attack. Today, statists who have replaced God with the state, and have ordained their experts as priests for their religion, seek the destruction of the family. Lawmakers are increasingly granting children separate rights (without the corresponding responsibility), which serves to restrict parental involvement. Rulemaking boards encourage the elevation of medical, mental health, and education experts in children's lives over their parents and God, ensuring complete state conformance.

Statist

- Definition from the 1828 Webster Dictionary:¹ "A statesman; a politician; one skilled in government."
- Definition from today's Merriam-Webster Dictionary²: "An advocate of statism."

Statism

 The word did not exist in 1828. Definition from today's Dictionary. com:³ "The principle or policy of concentrating extensive economic, political, and related controls in the state at the cost of individual liberty." Statists have made it clear that their highest value is conformity of thought and behavior. Despite differing opinions within the medical community concerning the recent COVID-19 crisis, only one voice is allowed to be heard by the masses. Big Tech, Hollywood, and the mainstream media are pushing the state's narrative. All other voices are silenced or ridiculed. A lot of those alternative voices also happen to be Christians and their highest value is truth. In addition, Christian voices are being silenced in the areas of family, marriage, and parental rights because we do not subscribe to the statist's belief system.

Power and control are the currency of the statists. They possess it in abundance in our state of Colo-

rado. The policies they promote and implement go against everything our Lord ordained and our founders established in our country. Over the past 30+ years, God has prospered and sustained the homeschool movement. And now, the statists of today bring new challenges.

In the past, we have been able to show our influence through the number of emails sent, phone calls made, in-person visits, and showing up to speak to legislators. But the past two sessions saw thousands of parents occupying the Capitol to oppose changes to the immunization law and spending countless hours contacting legislators — and yet, the medical lobby was overwhelmingly more powerful than the voices of parents who daily struggle to provide care for their vaccineinjured children. Our efforts seemed unsuccessful — until homeschoolers were exempted from this legislation in the final hours. What we do, matters!

What will it take to preserve the homeschool law in Colorado? We know it will take great faith and a great movement of God. It will also take great sacrifice. To homeschool is to sacrifice. Yet it will require more from each of us until the statists are defeated. Assess how much of your time, talent, and treasure you are willing to give to engage in the battle for liberty for your posterity. Educate yourself on the battle before us. Strengthen your voice and make it heard in every arena you find yourself. Join the Colorado Homeschool Freedom Prayer Team (CHEC. org/freedom) to stay informed of what is going on at the Capitol. The question we must ask is not if the Lord is on our side but, are we on His side? The Lord will fight for us if we stay true to Him and His Word, but we must contend for truth and liberty in order for it to prevail.

Footnotes · ¹https://1828.mshaffer.com/d/search/word,statist; ²https:// www.merriam-webster.com/dictionary/statist; ³https://www.dictionary. com/browse/statism



Carolyn Martin, CHEC's Director of Government Relations, and her husband, Todd, began homeschooling their three children in upstate New York before moving

to Colorado in 2004. Her passion is to see homeschooling remain free from government intrusion for future generations.

You must guard your own COLORADO HOMESCHOOL FREE OM.

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When your child is distracted and disorganized,

the world can be overwhelming and exhausting. As the parent and teacher, it can be discouraging and even frustrating. The child who struggles to clean up a space, keep track of their items, follow along with a story, think before they act/speak, start their work in a timely manner, or remember what you just said to them may be struggling with developmental delays in their Executive Functioning Skills.

What are Executive Functioning Skills?

Executive Functioning Skills help control and direct the rest of the brain. It is a group of nine skills that involve strong self-talk and mental imagery skills which help us understand ourselves and the world. These nine skills are:

- 1. Working Memory
- 2. Planning & Organization
- 3. Self-Monitoring
- 4. Metacognition
- 5. Flexibility
- 6. Response Inhibition
- 7. Task Initiation
- 8. Sustained Attention
- 9. Goal-Directed Persistence

Executive Functioning Skills are known as higher level cognitive functions. When they are missing or are weak, the brain depends on lower level cognitive functioning — fight, freeze, or flight mode.

What Can You Do?

All children benefit from strengthening these skills. When these skills need support, day-to-day life and schoolwork can be stressful. Families can help this by first working on these skills through play. It's even beneficial with your teenagers. Play refreshes their heart and mind while demonstrating the benefits of these important skills.

Five Games That Help

Here are five helpful games you can start playing today with your child and grow executive functioning skills in the process. These are commercially produced games that are available for purchase at most retailers or online.

Memory Top Three Skills: 1, 2, 5

Overview: Using a deck of cards, players take turns flipping over the cards to find matches. Start with only a few matches and work on developing strategies that work.

BY TARA ROEHL

Functioning

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STRUGGLING LEARNERS

Headbanz Top Three Skills: 4, 6, 8

Overview: Players wear a headband holding a card out of sight. They then ask the other players questions to try and determine which picture is on their own head.

Blokus Top Three Skills: 2, 4, 9

Overview: Players begin in separate corners with a variety of single colored blocks. Then need to connect their blocks to reach the other side following a series of rules and navigating around other players. Set Top Three Skills: 1, 7, 8 Overview: A series of cards are placed on the surface and players race to find a "set" — three cards that are all alike or different according to key features (shape, color, pattern, number).

Pictionary Top Three Skills: 2, 4, 7 Overview: Player one is given a word and must draw it for the other players to guess.

Additional Help

Executive functioning skills are also pivotal life skills that our children need to successfully launch into adulthood. Taking time to play with them now will help these skills develop while also creating lifelong memories. If you think your child might need more support, you can reach out to Speech-Language Pathologists covered by your insurance and ask them if they have had Executive Functioning training.



Tara Roehl is a homeschool graduate who runs two homeschool co-ops in Colorado. She is a nationally certified Speech-Language Pathologist who operates a private telepractice clinic

for social cognition and executive functioning. In addition to her practice in Colorado, she has worked in California, Illinois, Hong Kong, the Philippines, and Rwanda in public schools and private practices. To learn more about Tara's work, check out her website: SpeechyKeenSLP.com or contact her directly via email at Tara@Speechy-KeenSLP.com

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As homeschool families, we are probably very familiar with the word "busy."

Then again, being busy is not just a homeschool thing — pretty much anyone you run into will tell you they have been busy lately. It's not all a bad thing either. The book of Proverbs is full of encouragement to be diligent. Wise men and ants have productivity in common!

When we are too busy, we tend to step back and evaluate everything that is going on. Perhaps there is something that can or should be cut out to create a little extra bandwidth. Again, this is wise. But the funny thing is, sometimes when we are the busiest is just when we need to linger a little less on our schedules and a little more on God's Word, instead.

This past week, I memorized Psalm 131 (NKJV), a short Psalm with only three verses. Those three verses were exactly what my busy week needed. Lord, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too profound for me. Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child is my soul within me. O Israel, hope in the Lord, from this time forth and forever.



Visit CHEC.org/blog for weekly encouragement, with articles like:

- Loving My Neighbor
- Thoughts on Teaching Science
- Finding Space for Rest

Numerous times, when I've felt anxious about something I'm facing or overwhelmed with the things filling my schedule, God has brought these three verses to quiet my heart. By simply knowing that I need not worry over the "great" or "profound" situations pressing on my mind, I have felt peace and have been able to turn to God instead.

So here is a simple reminder for your homeschool week: God's Word can do wonders for your mind and heart, whether in busy, overwhelming, or peaceful times! =



Amy Pentimone is a Gen 2, who for 30 months (while attending college) worked remotely for CHEC, writing posts and managing our blog, and coordinating our social media. She

has now moved on to full-time employment in the Kansas City, KS area while she finishes her degree. We will miss her skills, gracious attitude, spirit of teamwork, and wish her great success in all future endeavors. This article was first published on the CHEC.org blog.

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he ability to craft articulate sentences into wellthought-out paragraphs that grow into an expressive essay are some of the skills that mark an educated person.

Writing well is one of the fundamental education skills on which all other areas of learning are built. Most language arts programs contain essay and research paper writing assignments as part of the curriculum. But what can parents do to help their students grow into accomplished writers when they feel ill equipped to evaluate their children's writing or give them suggestions for improvement? Thankfully, there are multiple ways to cultivate writing skills in our children, and there are some innovative programs available which are accessible from home.

When kids are in the early grades of elementary school, writing might seem tortuous to them. While some young kids are ready to put words on paper, many are not. It is best to keep writing light and fun until a child is developmentally ready. One way to cultivate writing during this stage is to give your child a steady diet of good writing with rich vocabulary. This often occurs through reading aloud quality literature and looking up words the child does not know. This trains children's ears so they recognize proper sentence structure and grammar usage.

Many children become frustrated when asked to come up with their own ideas for their writing assignments. So when a child is ready to begin writing, programs that allow them to imitate other people's writing are often a great place to start. In programs such as **Teaching Writing: Structure and Style** and **Structure and Style for Students** by Institute for Excellence in Writing (IEW) and **Imitation in Writing** by Logos Press, the child is given a wellwritten passage, and is asked to outline it, reproduce it, and embellish it. Imitation was the method used by Benjamin Franklin to learn to write well, and it can produce wonderful results.

Another way to encourage writing is to make writing correspondence letters part of your curriculum. Have your kids write letters to grandma and grandpa, aunts and uncles, cousins and friends. After a parent checks the rough draft of the letter for mistakes, the child can complete the missive and enjoy brightening someone's day while completing schoolwork.

When students reach middle and high school, they need to begin writing different types of essays and

research papers. There are two very good online writing programs designed to train proficient writers. *Write At Home* was begun by Brian and Melanie Wasko in 2001 when Brian put his homeschool writing lessons online. The classes are scheduled to provide accountability and structure but still have flexibility for family trips and other emergencies. The students have a writing coach to evaluate their writing. Another program is *Time4Writing*. These lessons also have writing coaches, but the lessons are self-scheduled. Both of these programs give personalized feedback to students so they can improve.

Children who are immersed in well-written books tend to become very good writers themselves. And with the aid of these programs, those natural skills can be developed so the homeschooled student can be well-equipped for any college classroom or business writing assignment.



Cindy Puhek resides in Colorado Springs and has been married to Peter for more than two decades. They are well into their second decade of homeschooling their six

children who range in age from toddler to high schooler. Cindy holds a master's degree in chemistry and has written dozens of articles to encourage others in their homeschooling journeys. You can visit her blog at HomeschoolEnrichment.com/blogs.





Home-based therapy for struggling kids

"Last year my son had so many meltdowns during school that I almost didn't try homeschooling him again. This year, he is a new kid. I can't believe how much happier he is!" -Mom S.

COMMON SYMPTOMS

- Poor emotional control
- Sensory sensitivities
- Anxiety
- Anger
- Meltdowns/over-reactions
- Difficulty with reading and writing
- Difficulty with math

- Difficulty following directions
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